

Helpful books about the Emerging Adult period:

Arnett, J.J., *Emerging Adulthood: The Winding Road from the Late Teens through the Late Twenties*. New York: Oxford University Press. 2004.

Dunn, R.R. and Sundene, J.L. *Shaping the Journey: Life-Giving Rhythms for Spiritual Transformation*. Downers Grove, Il: Intervarsity Press, 2012.

Parks, S. D. *Big Questions, Worthy Dreams: Mentoring Young Adults in Their Search For Meaning, Purpose and Faith*. San Francisco: Jossey-Bass. 2001.

Smith, C. with Snell, P. *Souls in Transition: The Religious and Spiritual Lives of Emerging Adults*. New York: Oxford University Press. 2009.

Smith, C. with K. Christoffersen, H. Davidson, P. Snell-Herzog. *Lost in Transition: The Darkside of Emerging Adulthood.*" New York: Oxford University Press, 2011.