

**RETREAT LEADERSHIP TRAINING** introduces participants to the skills and frameworks that are vital to facilitating a meaningful retreat experience. The training focuses on developing a person's gifts of retreat leadership, and creating a hospitable and peaceful space in which others can supportively explore and deepen their spirit.

Sessions will include presentations, individual reflection, small group sharing, and creative experiences. Handouts will be available. Over the course of the training, each participant will design a retreat framework based on his or her own spiritual interests.

**RETREAT LEADERSHIP TRAINING is for:**

- Persons who want to understand the dynamics and the details of a retreat experience;
- Persons who lead retreats and who want to further develop gifts for doing so;
- Leaders who want to know how to train others to design and lead their own retreats; and
- Persons who coordinate retreats.

**RETREAT LEADERSHIP TRAINING ADDRESSES:**

- Theology of retreat leadership;
- Elements of a retreat experience;
- Themes and theme development;
- Resources (music, scripture, focus centers, art, etc.);
- Timeframes and scheduling;
- Leadership styles;
- Creating a nurturing retreat setting;
- Community building;
- Group process; and
- Trouble shooting.

*“Many People are searching for a deeper understanding of their own spiritual journey, their own experience of God: how to claim it, how to integrate it, and how to articulate it. A retreat gives persons the opportunity to explore all three dimensions. A retreat leader is, in essence, a facilitator of that process, a process through which retreatants discover for themselves.”*

— Gwen White

**THOSE WHO ARE CALLED TO RETREAT LEADERSHIP TRAINING**

are persons who..

- Care about life in the Spirit - their own and others
- See and understand their own life journey with ongoing possibilities for new growth, insights, direction, and clarification
- Have some personal understanding of life experiences through their own struggles, crises, counseling, or study
- Possess the capacity for listening to others
- Are non-judgmental
- Welcome honest exploration and questioning
- Encourage others to explore, confirm, and affirm their own experiences, insights, and growth potential
- Have some understanding of group dynamics and small group process
- Seek to nurture their own faith through worship, prayer, reflection on scripture, and personal study
- Are willing to be led and to learn from others, to attend all of the sessions and do all of the assignments

## Meet Our Leader

**Susan MacKenzie**, Ph.D. is a retreat leader and spiritual director, with a practice in Maine. A registered Maine Guide, Susan has led indoor and outdoor retreats throughout New England for over a decade. She is a member of the New England Conference's Spiritual Formation Initiative, the Mid-Maine District Spiritual Formation Team, and presently chairs SPRC at Pleasant St. UMC in Waterville Maine.

Susan Teaches World Religions and the Environment, Sustainable Development, and Nature Writing at Colby College. She is a graduate of the Guild for Spiritual Guidance. She has led both the Basic and Advanced Retreat Leadership Trainings in Massachusetts, New York, and Maine.

*An application for 1 CEU has been submitted to the NEC BOM Continuing Education Committee*

## RETREAT LEADERSHIP TRAINING

June 21—23, 2012

### REGISTRATION FORM

*(Registration Deadline May 31, 2012)*

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Local Church: \_\_\_\_\_

Special Needs: \_\_\_\_\_

Please check one.

Single (\$245) \_\_\_ Double (\$185)\_\_\_Commuter (\$80) \_\_\_

Roommate Request \_\_\_\_\_

Please make check payable to **New England Conference**

Send to: Rosemary McNulty  
PO Box 249  
Lawrence, MA 01840  
978-682-7676 x201  
rmcnulty@neumc.org

**PREREGISTRATION IS REQUIRED**

### SCHEDULE

**Thursday:**  
4:00 - 5:30pm Registration  
6:00 Dinner  
7:00 - 8:30pm Session I Overview

**Friday:**  
8:00 Breakfast  
9:00 - 12:00 Session II Perspectives/Understanding  
12:30 Lunch  
2:00 - 5:00 Session III Creative Elements  
6:00 Dinner  
7:30 - 9:30 Session IV Prayer

**Saturday:**  
8:00 Breakfast  
9:00 - 12:00 Session V Logistics  
12:30 Lunch

#### **COST**

Full-time resident -- Single \$245 / Double \$185 per person  
Includes two nights lodging, six meals, refreshments, and program materials.

Commuter-- \$80.00  
Includes refreshments and program materials and all meals.

The Spiritual Formation Initiative is subsidizing this event. If you need further financial assistance, please contact .

#### **CANCELLATION POLICY**

*Received by May 31, 2012:*  
Participants refunded all costs except \$25.00 deposit.  
*Received after May 31, 2012:*  
Participants responsible for the full fee.

Bishop Booth Conference Center website:  
<http://rockpointcenter.web.officelive.com/default.aspx>

# Retreat Leaders Training

June 21-23, 2012



**Bishop Booth Conference Center  
20 Rock Point Circle  
Burlington, VT 05408  
802-658-6233**

**Led by  
Susan MacKenzie**