



Courage to Lead: a Retreat Day for People Engaged in Urban Ministry
Friday, April 30, 2010
Boston Nature Center, Mattapan, MA
Courage and Renewal Northeast

Is your work an expression of your deepest values, that touches your soul, that requires you to bring all of yourself to it?

Are you seeking space and time to access more of your inner resources, so you can be more present to the challenges of those to whom you minister or serve?

Do you feel compelled to step back and reflect, in order to move forward in your work with greater clarity?

Do these difficult times require you to be more present and attentive to the deepest values of your faith, your ministry, or your social justice work?

If these questions resonate with you, we invite you to Courage to Lead. This retreat experience supports participants to look deeply at their personal gifts and challenges, and explore ways of more fully joining soul and role, and personal and professional life.

In what educator and philosopher Parker Palmer calls a “Circle of Trust,” we will honor the solitude of the soul while providing corporate encouragement and support.

Through gentle, yet profound experiences, participants find ways of recovering their energy and sustaining their work. The retreat is a way of resting from the immediate daily activity of ministry to reflect deeply, and return to that work refreshed and renewed.

Courage to Lead provides those from a variety of denominations, ministries, and spiritual practices ways of supporting and renewing themselves and others.

This retreat will be facilitated by Sharlene Cochrane, Dean of Faculty at Lesley University, and a Courage and Renewal facilitator, and Donna Bivens, cultural equity practitioner and former co-director of the Women's Theological Center. It is supported in part by the Lilly Endowment, Inc.

When: Friday, April 30, 2010, 9:00-3:00

Where: Boston Nature Center in Mattapan, MA

Who: Ministers and other religious professionals, lay leaders, people with a social justice ministry

Cost: \$60, which includes continental breakfast, delicious lunch, and all materials. Some scholarships available.



Learn more: Contact Sharlene Cochrane at 617-349-8477 cochrane@lesley.edu OR Donna Bivens, donnabivens@gmail.com.

Comments from Participants:

"This experience has added richness and vitality to who and how I am in the world."

"The retreat series has given me tools, examples, experiences to make a place for people's souls to emerge in my congregation."

Courage to Lead Retreat for those engaged in urban ministry is endorsed by:
Cooperative Metropolitan Ministries (CMM)
City Mission Society of Boston
Episcopal Divinity School
Episcopal City Mission